

Multigenics® Chewable

Outrageous Orange Flavor

Form: Tablets

Flavor:

Size: 90 Tablets



Multigenics® Chewable is a great-tasting vitamin and mineral supplement, designed specifically for children and for adults who prefer a chewable tablet. Multigenics® Chewable features a broad spectrum of essential vitamins and mineral amino acid chelates designed for excellent nutrient bioavailability. This unique formula is kid tested; with outrageous orange flavor, ratio-balanced B vitamins, and Caro-xan®—a proprietary blend of beta-carotene and Betatene® mixed carotenoids.

Ingredients	Amount	% Daily Value
Serving Size	1 Chewable Tablet	
Servings Per Container	90	
Adults and Children Under 4 Years of Age:		
Calories	5	
Total Carbohydrates	1 g	**
Sugars	<1 g	**
Sugar Alcohols	<1 g	**
Vitamin A [50% (1,250 IU) as retinyl acetate and 50% (1,250 IU) as beta-carotene ¹ and mixed carotenoids]	2,500 IU	100%
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg	250%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	20 IU	200%
Thiamin (as thiamin mononitrate)	1.4 mg	200%
Riboflavin	1.6 mg	200%
Niacin (as niacinamide)	20 mg	222%
Vitamin B ₆ (as pyridoxine HCl)	1.4 mg	200%
Folate (as calcium L-5-methyltetrahydrofolate) ^{††}	300 mcg	150%
Vitamin B ₁₂ (as methylcobalamin)	6 mcg	200%
Biotin	38 mcg	25%
Pantothenic Acid (as D-calcium pantothenate)	10 mg	200%
Calcium (as calcium citrate malate)	15 mg	2%
Iron (as iron glycinate)	2 mg	20%
Iodine (as potassium iodide)	70 mcg	100%

Magnesium (as magnesium citrate and magnesium ascorbate)	15 mg	8%
Zinc (as zinc gluconate)	2 mg	25%
Copper (as copper lysinate)	0.1 mg	10%
Manganese (as manganese aspartate)	0.2 mg	**
Quercetin	2 mg	**
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	825 mcg	**
Adults and Children 4 or more Years of Age:		
Calories	5	
Total Carbohydrates	1 g	<1%*
Sugars	<1 g	**
Sugar Alcohols	<1 g	**
Vitamin A [50% (1,250 IU) as retinyl acetate and 50% (1,250 IU) as beta-carotene ¹ and mixed carotenoids]	2,500 IU	50%
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg	167%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	20 IU	67%
Thiamin (as thiamin mononitrate)	1.4 mg	93%
Riboflavin	1.6 mg	94%
Niacin (as niacinamide)	20 mg	100%
Vitamin B ₆ (as pyridoxine HCl)	1.4 mg	70%
Folate (as calcium L-5-methyltetrahydrofolate) ^{††}	300 mcg	75%
Vitamin B ₁₂ (as methylcobalamin)	6 mcg	100%
Biotin	38 mcg	13%

Pantothenic Acid (as D-calcium pantothenate)	10 mg	100%
Calcium (as calcium citrate malate)	15 mg	2%
Iron (as iron glycinate)	2 mg	11%
Iodine (as potassium iodide)	70 mcg	47%
Magnesium (as magnesium citrate and magnesium ascorbate)	15 mg	4%
Zinc (as zinc gluconate)	2 mg	13%
Copper (as copper lysinate)	0.1 mg	5%
Manganese (as manganese aspartate)	0.2 mg	10%
Quercetin	2 mg	**
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	825 mcg	**

Other Ingredients: Fructose, xylitol, sorbitol, stearic acid (vegetable), natural flavors, silica, guar gum, mono- and diglycerides, malic acid, and citric acid.

Directions: Children 2 to 4 years: Take one tablet daily. Children 4 to 7 years: Take one tablet one to two times daily. Children over 7 and adults: Take one tablet three times daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

This product is non-GMO and gluten-free.

Warning: It is recommended that children under the age of four years should not regularly consume more than 2,500 IU of preformed vitamin A (retinyl acetate) per day.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of



accidental overdose, call a doctor or poison control center immediately.

*Percent Daily Values are based on a 2,000 Calorie diet.

**Daily Value not established.

[†]Caro-xan[®], a proprietary blend of beta-carotene and Betatene[®] mixed carotenoids.

^{††}As Metafolin[®]. Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany.